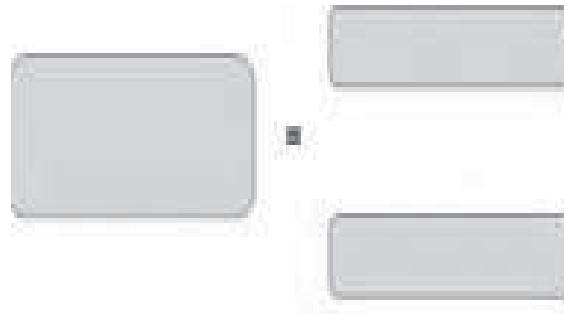


## Split loads to reduce loads



Content from the MSD Prevention Guideline for Ontario, Book 3A (2007).