ERGONOMICS CASE STUDY COMPETITION

MSD PREVENTION GUIDELINE FOR ONTARIO

Showcase real solutions. Inspire safer workplaces.

Ontario's Ergonomics System Committee (ESC) is launching a collaborative case study competition to highlight practical, worker-centered, ergonomics improvements in workplaces through the MSD Prevention Guideline for Ontario.

FOR MORE INFORMATION, AND TO ENTER:

WHO CAN ENTER?

Three entry levels, judged separately

- **Workplace**: Employer, Supervisor, Joint Health and Safety Committee (JHSC) member, Worker Health and Safety Rep. (HSR), Union Rep.
- **Professional**: Ergonomist, Health and Safety (H&S) Specialist, Engineer, Designer
- **Student**: Undergraduate, Post-graduate, Graduate

CATEGORIES

- **Hazard control** solutions
- **Program based** solutions
  - Application of the MSD Prevention Guideline
- **Small business** (<50 employees)
  - Application of the Quick Start Guideline

WHAT WE'RE LOOKING FOR

Case studies that demonstrate:

- MSD risk reduction
- Worker & JHSC involvement (how did workers help drive change?)
- Solutions implemented
- Impact on health & safety (increased comfort, reduced injuries, improved processes, etc.)
- Business impact (beyond risk reduction)
- Continuous improvement (how are you monitoring success over time?)

WHY PARTICIPATE?

- **Awards and prizes** for winners in each category and entry level
- Celebrate success at the **CRE-MSD conference in October 2026**
- Share solutions that prevent MSD to protect workers
- ...and more!

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